

**CLINICAL SOCIAL WORK MASTERS DEGREE**  
**DURATION OF LECTURE BLOCKS**

The four modules are taught in block format, of five days per lecture block; over a period of four terms. This equate to twenty (20) days in total. All the modules are continuous assessment modules, so there is no formal exam. Tests are administered either through online assessments or during the lecture block periods. Other formats of assessment include assignments and small group tasks. Below is an outline of the module details and period of presentation.

Module Name	Module Code	Presented	Duration	Credits	NQF Level
<b>Compulsory modules</b>					
Clinical Social Work Intervention: Individual	SMIV 501	Semester 1	3 day block Term 1 2 day block term 2	20	9
Clinical Social Work Intervention: Couples	SMMV 501	Semester 1	2 day block Term 1 3 day block term 2	20	9
Clinical Social Work Intervention: Family	SMNV 502	Semester 2	3 day block Term 3 2 day block term 4	20	9
Management of Human Services and Private practice	SMHV 502	Semester 2	2 day block Term 3 3 day block term 4	20	9
Social Work Practice	SMFV 500	Year		20	9
Research Treatise	SMEV 500	Year		80	9
<b>TOTAL CREDITS</b>				180	

**PURPOSE AND KEY CONTENT OF EACH OF THE MODULES**

MODULE CODE	MODULE NAME	CREDITS
SMIV 501	CLINICAL SOCIAL WORK INTERVENTION: INDIVIDUAL	20

**PURPOSE**

The purpose of the module is to equip students with the knowledge and skill to identify mental health concerns presented during individual counselling and based on the

assessment develop and implement contextually relevant clinical social work prevention and interventions guided by a suitable theoretical framework.

### **CORE CONTENT**

Clinical Social Worker

South African Mental Health Care Act

National Mental Health Policy Framework and Strategic Plan 2013-2020

Structural inequalities

Policy guidelines for code of conduct, Code of Ethics and the Rules for Social Workers

Diagnostic Statistical Manual of Mental Disorders DSM-V

Multidisciplinary team functioning

Biopsychosocial assessment

Motivational interviewing

Promote psychosocial functioning

Reflective practitioner

Transactional Analysis

Cognitive Behaviour Therapy

Narrative Therapy

Critical theory

Anti-oppressive practice

<b>MODULE CODE</b>	<b>MODULE NAME</b>	<b>CREDITS</b>
<b>SMHV 502</b>	<b>MAN OF HUMAN SERVICES AND PRIVATE PRACTICE</b>	
<b>20</b>		

### **PURPOSE**

The purpose of the module is to enhance students' competence in the management tasks of planning, organising, leading and controlling of the "operations" he/she is involved in.

### **CORE CONTENT**

Scope of practice of social workers in clinical settings

Functioning in multi-disciplinary teams

Social Work management in perspective

Functions of management

Developing and managing human resources

Developing and management of a private practice

Supervision/consultation for clinical social work practitioners

<b>MODULE CODE</b>	<b>MODULE NAME</b>	<b>CREDITS</b>
<b>SMMV 501</b>	<b>CLINICAL SOCIAL WORK INTERVENTION: COUPLES</b>	<b>20</b>

### **PURPOSE**

The purpose of the module is to equip students to intervene in different couple systems, guided by specific therapeutic approaches presented in the module.

#### **CORE CONTENT**

Developmental approach to couple counselling  
 Integrative approach to couple counselling  
 Brief therapy with couples  
 Marriage preparation  
 Marriage enrichment  
 Communication training  
 Infidelity, impact of social media on couple relations  
 Multicultural couple counselling  
 Same Sex couples

<b>MODULE CODE</b>	<b>MODULE NAME</b>	<b>CREDITS</b>
<b>SMNV 502</b>	<b>CLINICAL SOCIAL WORK INTERVENTION: FAMILIES</b>	<b>20</b>

### **PURPOSE**

The purpose of the module is to equip students to intervene in different family systems, guided by specific therapeutic approaches taught in the module.

#### **CORE CONTENT**

Structuralist approach to family counselling  
 Narrative approach to family counselling  
 Treatment of addictions in families  
 Blended families  
 Trauma in the family/intergenerational trauma  
 Divorce mediation and parenting plans

<b>MODULE CODE</b>	<b>MODULE NAME</b>	<b>CREDITS</b>
<b>SMFV 500</b>	<b>SOCIAL WORK PRACTICE</b>	<b>20</b>

### **PURPOSE**

The purpose of the module is to enhance the development of students' practical application of a broad range of therapeutic approaches when addressing complex problems in individual, couple and family systems.

**CORE CONTENT**

Social work ethics  
 Therapeutic approaches  
 Micro, meso and macro level interventions  
 Individual, couple and family systems

**MODULE CODE**  
**SMEV 500**

**MODULE NAME**  
**TREATISE**

**CREDITS**  
**80**

**PURPOSE**

The purpose of the module is to equip students with the knowledge and skill to formulate a research proposal, undertake the empirical study and produce a research report that reflect a critical engagement with literature and the mastery of the research process.

**CORE CONTENT**

Developing research question  
 Critical review of literature  
 Delineating a research focus  
 Theoretical and conceptual frameworks  
 Formulating goals and objectives  
 Research design and methodology  
 Empirical study  
 Data analysis  
 Ensuring trustworthiness  
 Research Ethics  
 Writing the research report